



### Massage Therapy In Surrey | Registered Massage Therapist (RMT)

Having comfortable Massage Therapy can get rid of daily stress & workloads, Get soothing and homelike **Massage Therapy in Surrey, BC** at fair rates. Vital Physio is a renowned and Registered Massage Therapist who has been serving people for a very long time.

The **massage therapy** is a natural therapy form which promotes circulation and healing. Our registered and trained physiotherapists mainly focus on the musculature and soft tissues for promoting relaxation of the nervous system and enhancing muscle performance. The **massage therapy** is done for maintaining and restoring the health as well as frees the body from pain.

If you are suffering from migraine or headache, if you are feeling lots of heaviness on the lower back, upper back, or shoulders, then **massage therapy** is best for you. Our expert and experienced massage therapist guarantees that you will get a complete solution to your entire body problems. Our quality services help to reduce injury pain, reduce stress, improve health, relieve headache pain, reduce muscle tension, improves circulation, and flexibility. We help in providing the most effective **massage therapy** and our patients recover fast.



### Why Massage Therapy?

Massage Therapy plays a vital role in enhancing our overall performance of the body and in maintaining the right posture of body joints. One of the quick advantages of massage is a feeling of profound relaxation and calmness. This happens because massage therapy prompts the release of endorphins – the mind compounds that produce sensations of well-being.

There are some physical benefits of massage includes the following:

- > Improved Blood Circulation
- > Relief from Anxiety & Depression
- > Relaxation
- > Recovery of Soft Tissues



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Vital Physio is the #1 Physiotherapy Clinic in Surrey which offers top quality services to the clients. We offer specialized physiotherapy services as well as traditional orthopedic physical therapy. With exceptional services and best physiotherapists, we are your most excellent rehabilitation and physiotherapy provider.

#### PROVIDED SERVICES

- Soft Tissue Release
- Electrotherapy
- Concussion Rehab
- Sports Injury
- Neurological Rehabilitation

#### CONTACT US

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#### OPENING HOURS

Monday	Closed
Tuesday	9:00Am-8:00Pm
Wednesday	9:00Am-7:00Pm
Thursday	9:00Am-8:00Pm
Friday	9:00Am-5:00Pm
Saturday	9:00Am-7:00Pm
Sunday	Closed

